

#3 Emmanuel House Residence Lunch Menu Spring/Summer 2018 ** Sunday, May 13th through Saturday, May 19th **



P=Petite A=Average H=Hearty
Assorted Rolls, Margarine & Juice available at every meal
(SR) Sugar Restricted Please refer to table tents for other dessert options

Denotes Heart Healthy for Low Fat & Sodium Restricted

Sunday May 13th	Choice of Appetizer Fruit Cup ♥ Tossed Salad ♥	Choice of Entrée Roast Turkey Dinner ♥ Coconut Shrimp w/Rice ♥	Side Dishes Mashed Potatoes
	Choice of Vegetable Butternut Squash Roasted Zucchini	Dessert Assorted Ice Cream Ice Cream (SR)	
Monday May 14th	Choice of Appetizer Fruit Cup ♥ Chicken w/Rice Soup	Choice of Entrée Beef Liver Onions w/Gravy Baked Ziti in Meat Sauce	Side Dishes Baked Potato♥
	Choice of Vegetable Asparagus♥ Cauliflower♥	Dessert Apple Turnovers Apple Turnover (SR)	
Tuesday May 15th	Choice of Appetizer Fruit Cup Tossed Salad	Choice of Entrée Beef Stroganoff w/Egg Noodles Honey Balsamic Chicken♥ Stuffing & Cream Sauce	Side Dishes Oven Roasted Potato
	Choice of Vegetable Broccoli Spears♥ Glazed Carrots ♥	Dessert White Cake Trifle w/ Fruit White Cake (SR)	
Wednesday May 16th	Choice of Appetizer Tossed Salad♥ Pasta Fagioli	Choice of Entrée Spaghetti and Meatballs Herb Breaded Pork Chops	Choice of Side Dishes Baked Sweet Potato
	Choice of Vegetable Green Beans Peas & Carrots	Dessert Chocolate Cream Pie Chocolate Cream Pie (SR)	
Thursday May 17th	Choice of Appetizer Fruit Cup ♥ Tossed Salad♥	Choice of Entrée Sausage & Spinach Pasta Bake Roast Beef w/Gravy	Side Dishes Mashed Potato
	Choice of Vegetable Corn w/Red Pepper♥ Sauteed Kale w/Garlic♥	Dessert Lemon Loaf Cake Lemon Loaf Cake (SR)	
Friday May 18th	Choice of Appetizer Clam Chowder Tossed Salad	Choice of Entrée Panko Crusted Salmon ♥ Stuffed Pepper w/Turkey in Tom	Side Dishes Scalloped Potato ato Sauce
	Choice of Vegetable Summer Squash Spinach	Dessert Chocolate Cookies Chocolate Chip Cookies (SR)	
Saturday May 19th	Choice of Appetizer Fruit Cup♥ Tossed Salad♥	Choice of Entrée Chicken Marsala♥ BBQ Pork Wings	Side Dishes Baked Potato♥
	Choice of Vegetable Fiesta Vegetables♥ Eggplant w/Tomato♥	Dessert Banana Pudding Banana Pudding (SR)	

Alternate Entrées Served Daily