




























Sample Weekly Schedule

Name: Special Care Residence – Activities Program

Time / period	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 AM – 9:30 AM	Breakfast <i>Morning Chat & Menu Planning</i>	Breakfast <i>Morning Chat & Menu Planning</i>	Breakfast <i>Morning Chat & Menu Planning</i>	Breakfast <i>Morning Chat & Menu Planning</i>	Breakfast <i>Morning Chat & Menu Planning</i>	Breakfast <i>Morning Chat & Menu Planning</i>	Breakfast <i>Morning Chat & Menu Planning</i>
9 AM–10 AM	Kelly Show & Daily Update	Kelly Show & Daily Update	Kelly Show & Daily Update	Kelly Show & Daily Update	Kelly Show & Daily Update	Daily Update	Daily Update
10:00–11:00 AM	 Fun With Dale	Coffee & Such 		Ball Toss 	 Seniorcise	 Seniorcise	 Seniorcise
11:00-11:30 AM	 Have Fun	Question, Answer & Conversation 	 BINGO	 April Facts	Question, Answer & Conversation 	 BINGO	You Be the Judge 
11:30 AM – 1 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:30 PM – 2 PM	Nail Care	Gear up for Entertainment	Flashback Media	Nail Care		Flashback Media	
2 PM – 3 PM	 Dan Hart	 Resident Choice	Everyday Trivia 	 Arts & Crafts	 Friday at the Movies	 Resident Choice	 Fun & Games
3 PM – 4 PM	Snacks & Good Cheer	Coffee & Conversation	Cookie Social 	 Culinary Arts	 Popcorn	Coffee & Tea 	Coffee & Conversation